

Living Out Loud: A Day of 2SLGBTQIA+ Data Findings from the WA LGBTQ+ Survey

Purpose

Join us for Living Out Loud, a one-day deep dive into the experiences of LGBTQ+ people across Washington State—through the lens of data, policy, and lived reality. Based on findings from the state’s comprehensive LGBTQ+ survey, this day is structured around four core themes that reflect the everyday challenges, resilience, and hopes of LGBTQ+ communities across the state.

Throughout the day, we will explore how identity, geography, and systems intersect to shape the health, safety, economic stability, and overall well-being of 2SLGBTQIA+ Washingtonians.

Session Overview

Session 1: 9:00am – 9:45am	Survey design and methodology
Session 2: 10:00am – 11:00am	Demographics and Policy Experiences Topics covered during this session include: <ol style="list-style-type: none">1. Demographics and Personal Information<ul style="list-style-type: none">• Age• Gender• Sex• Differences in sex development• Sexual orientation• Race/ethnicity• Disability• US citizenship & Immigration status• WA county & region of residence• Rural area residence• Education level• US military service• Membership in Native American tribe or nation• Alaska Native or American Indian• Primary language used at home• Religion• Marital status• Preferred relationship structure• Duration of living in WA2. Living in WA (General Preferences and Experience)<ul style="list-style-type: none">• Top things liked about living in WA (qualitative)3. LGBTQ+ Resources and Policies in WA<ul style="list-style-type: none">• Availability of LGBTQ+ resources• WA policies benefitted from personally

	<ul style="list-style-type: none"> • Perceived attitudinal effects of WA LGBTQ+ protections/policies <p>4. Experiences with Gender-Affirming and Legal Processes</p> <ul style="list-style-type: none"> • Experience with gender-affirming changes to birth certificate, driver's license, and legal name <p>5. Suggestions for Policy Improvements</p> <ul style="list-style-type: none"> • Suggestions for how WA state government can help LGBTQ + people (qualitative)
Session 3: 11:10am – 12:10pm	<p>Health</p> <hr/> <p>Topics covered during this session include:</p> <ol style="list-style-type: none"> 1. Mental Health <ul style="list-style-type: none"> • Depressive symptoms • Anxiety • Suicidal ideation • Mental health diagnoses 2. Substance Use and Behavioral Health <ul style="list-style-type: none"> • Tobacco use • Marijuana use • Substance use 3. Physical Health and Wellness <ul style="list-style-type: none"> • Physical health • Weekly physical activity 4. Healthcare Access and Utilization <ul style="list-style-type: none"> • Use of various forms of medical care, including gender-affirming care • Forms of medical care inaccessible in WA • Avoidance of medical care • Access to support in cases of illness/injury • Primary health insurance • Barriers to obtaining insurance coverage for gender-affirming procedures (quant and qual) 5. Discrimination and Stigma in Healthcare <ul style="list-style-type: none"> • Experience of discrimination in medical settings • Identities/characteristics prompting avoidance of medical care 6. LGBTQ+ Health and Services <ul style="list-style-type: none"> • Access to LGBTQ-affirming facilities for people ages 65+ 7. Sexual Health <ul style="list-style-type: none"> • STI screening frequency
LUNCH: 12:10– 1:30pm	
Session 4: 1:30pm – 2:30pm	<p>Economic and Financial Experiences</p> <hr/> <p>Topics covered during this session include:</p> <ol style="list-style-type: none"> 1. Employment and Career <ul style="list-style-type: none"> • Employment status • Occupation

	<ul style="list-style-type: none"> • Gross annual individual income • Gross annual household income • Perception of LGBTQ identity's effect on career advancement • Experience of workplace discrimination <p>2. Housing and Household Dynamics</p> <ul style="list-style-type: none"> • Primary housing • Home ownership • Members of household <p>3. Financial Well-Being and Comparison</p> <ul style="list-style-type: none"> • Sense of financial status compared to peers
<p>Session 5: 2:40 pm – 3:40 pm</p>	<p>Safety, Hate Crime Experiences, and Incarceration</p> <hr/> <p>Topics covered during this session include:</p> <p>1. LGBTQ+ Identity and Safety</p> <ul style="list-style-type: none"> • Perceived safety as an LGBTQ+ person in WA • Outness/openness about LGBTQ+ identity • Hate crime victimization in WA • Identities/characteristics prompting hate crime <p>2. LGBTQ+ Community Connections</p> <ul style="list-style-type: none"> • Sense of connectedness to LGBTQ+ communities in WA <p>3. Incarceration and Related Experiences</p> <ul style="list-style-type: none"> • Prior incarceration • Treatment by other people during incarceration (qualitative) • Medical care experiences during incarceration (qualitative)



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PREVENTION AT
THE INTERSECTIONS

